



DERBY SENIOR CENTER NEWS

Visit us at 293 Main Street, Derby, CT 06418 • Call us at 203.736.1484 • Email us at seniorcenter@derbyct.gov

January 2026



Did you know? The month of January is named after Janus, the Roman god that has two heads, one to look backward and one to look forward towards the New Year.

CENTER INFO

Hours of Operation:

Monday-Friday: 9:00am-4:00pm

Any changes will be posted.

Phone: 203-736-1484

Fax: 203-736-1486

Our Staff:

Executive Director:

Dawn Hebert, MSW

Email: dhebert@derbyct.gov

Coordinator/Assistant Director:

Olga Capristo, BSW

Email: ocapristo@derbyct.gov

Administrative Office Clerk:

Kathy Gerwien, BA Business Admin.

Email: kgerwien@derbyct.gov

Kitchen Manager:

Christine Turecek, AA In Culinary

Please Note:

We are closed on January 1st and 2nd for New Year's and on January 19th in observance of Martin Luther King Day

POINTS OF INTEREST

- The **Elderly Commission meeting** is on the first Monday of every month at 3:00pm.
- The **Executive Board Meeting** is on the second Tuesday of every month at 10:00 am. **ON HOLD**. The **Events Planning Committee** is after the Executive Board Meeting at 10:30 —**ON HOLD**
- **Medicare Counseling**—We have a trained CHOICES counselor available to assist you. Call the center to set up an appointment.
- **Veteran's Services & Benefits** Please contact Andy Cota at 203-736-8882 with questions or for an appointment. He is available on Wednesdays, 9:00am-1:00pm.
- **ATTENTION: Membership is due one year from the date that you pay going forward.**

ATTENTION: We are issuing new Parking Tags to our active members for the parking garage. Please come to the office to pick up yours and pay membership if it is due.

PLEASE NOTE: If Derby Schools are closed, we are closed to the public. The staff is here if you need to speak to us. If the City of Derby closes, staff will not be here.

ATTENTION: When signing up for paid events, please write a separate check for each event or pay by cash. It is very difficult to separate payments that are clumped together. Thank you in advance.

LOOKING AHEAD

Valentine's Day Party
Thursday, February 12th
12:00pm—\$15.00
Pasta & Meatballs
Salad, Bread/Butter
Dessert /Beverage.



WELCOME TO THE DERBY SENIOR CENTER

The Center's purpose is to serve as a resource center providing a broad range of services and activities to meet the diverse social, physical and intellectual needs of older adults.

NEW INFORMATION

- **“Noon Year’s Hot Dog Bingo”** on January 6th at 12:00 noon. We will serve Hot dogs, Sauerkraut, and Baked Beans with Beverage- \$3.00. Bingo to follow at 1:00pm with Dessert and coffee half way through. Cards range from \$3.00-\$6.00. Please bring correct amount.
- **Arts & Crafts**—Join Nancy for Arts and Crafts class on Wednesday, January 7th and 21st.
- **NO-SEW QUILTING CLASS** on Fridays at 11:00. No experience necessary. Call to sign up.
- **Book Club**—On Hold this month –February 4th book: “This is Not A Game” by Kelly Mullen.
- **NEW FREE CLASS**—Join Bobbi for a special Zen Alcohol Ink Class— January 14th, 1:00pm. You will learn the technique of working with this media and go home with artwork ready to frame and a tile coaster. All supplies included. Limited to 15.
- **NEW —Lotus Lantern FREE Craft Class--** January 28th, 2:00pm. You will learn about Korean culture and history and make a lotus flower lantern using colorful paper and wire frame.
- **Birthday BINGO**—January 27th—sponsored by “First Light Homecare”.

MONTHLY REMINDERS

Membership Renewals are due one year from last renewal date. Please renew if you have not already done so. Derby residents \$6.00, non-residents \$8.00.

NOTE:

If you know of anyone interested in learning more about what the Center has to offer, he/she is welcome to come to any of our activities and/or events as your 1-time guest or he/she may come on their own for a free week trial. Just check in at the office.

Haircuts

Haircuts are on the 2nd Monday of the month—\$10 cash. Please call for an appointment.

Blood Pressure Screenings with Parish Nurse, Maggie Sessa, is on the 2nd Tuesday of the month.

Please remember to swipe your keytag at the KIOSK when you enter. See the staff if you do not have one or need assistance.

MEALS / EVENTS

“Noon Year’s Hot Dog Bingo”

January 6th at 12:00 noon.
\$3.00

Hot dogs, Sauerkraut,
Baked Beans, Beverage
Dessert and Coffee
(served during Bingo)

Bingo cards are not included in price. They range from \$3.00—\$6.00
Please bring the correct amount.

Senior Café

Tues. & Thurs. at 11:45 —\$3.00

****Please Call Ahead before 10:00am the day before****

DIRECTOR’S CORNER

Hello friends,

On behalf of myself and the staff, we wish you all good blessings, health, and happiness in this New Year!

Thank you to all who donated to our collection of food, hats, gloves, and socks, and Toys for Kids. Your donations made a difference in so many lives.

With the new year comes the time to make resolutions and set goals. If one of them is to get healthy and fit, we have just the thing for you. We offer a variety of FREE exercise classes to help increase stamina, strength and promote balance to help prevent falls and potential injuries. We also have workout equipment for your use on our lower level, free of cost, so there is no excuse not to try! We encourage you to attend one or more classes and see if it might be something you could incorporate into your weekly routine this New Year.

Next month we will once again be offering FREE Income Tax

Preparation by IRS Trained Volunteers IRS/AARP. The Tax-Aide Program will begin on February 5th and every Thursday following until April 9th from 9:00am till 12:00pm. BY APPOINTMENT ONLY. NO WALK-INS. Beginning January 5th, you may call (203) 736-1384 to schedule an appointment. All appointments will take place at The Derby Senior Center. Please pick up and fill out an interview form PRIOR to your appointment. Forms will be available for pick up in our Lobby. Please bring the following with you for your appointment:

- Last year’s tax return and all tax documents
- Photo IDs and Social Security Cards or statement (SSA 1099) for all taxpayers and dependents
- Bring your tax documents with you on the day of your appointment.
- Cancelled check for direct deposit or refund

Best Regards, Dawn

ANNOUNCEMENTS

ATTENTION: Just a reminder, please do not come into the Center if you are experiencing any cold or flu symptoms or simply not feeling well. Please stay home and get better.

Please Note: If anyone hears of a member being ill, in the hospital, or lost a loved one, please let us know so we can send well wishes from DSC.

Movie Matinee: Thursday, January 15th—1:00pm—“The Last Word”. Harriet, a controlling unloved business retiree hires a young journalist to write her obituary, then enlists her help to rewrite her legacy.

Reminder for Derby Residents:

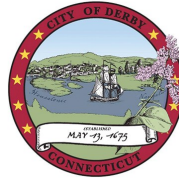
The second half of Real Estate Taxes and the second half of Motor Vehicle Taxes, and the Supplemental Motor Vehicles Taxes are due and payable **THURSDAY, JANUARY 1, 2026. You have until MONDAY, FEBRUARY 2, 2026 to pay these taxes without penalty.**

ALL TAXES become delinquent TUESDAY, FEBRUARY 3, 2026 and will be subject to interest from January 1, 2026 at the rate of one and one-half percent per month.

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|--|--|
| | | | <p style="text-align: center;">1 CLOSED</p>  | <p style="text-align: center;">2 CLOSED</p>  |
| <p style="text-align: center;">5</p> <p>10:00 Chair Yoga 11:45- Strength Training with Bobbi 9:00-3:00—Pool Billiards 3:00 Elderly Commission Meeting</p> | <p style="text-align: center;">6</p> <p>10:00—Line Dancing 12:00—”Noon Year’s” Hot Dog Bingo \$3.00 1:00-3:00—Bingo—Cost: \$3.00—\$6.00 to buy cards 1:00 Diamond Art—ON Hold 1:00 Pool Billiards</p> | <p style="text-align: center;">7 3</p> <p>9:30 Gentle Yoga 11:45- Strength Training with Bobbi 12:30—Crafting with Nancy—Call to sign up 9:30 Gentle Yoga 11:45- Strength Training with Bobbi 9:00-3:00—Pool Billiards</p> | <p style="text-align: center;">8</p> <p>9:30 Mahjongg 9:30 - Pinochle, Chess, Bridge, Dominoes-Call to sign up 10:00 Hook & Needle Grp 10:30 Reiki (by appt) 11:45—Senior Café</p> | <p style="text-align: center;">9</p> <p>10:00 Grocery Shopping w/ VTD 10:00— Chair Tai Chi—Cancelled 11:00—“NO-SEW” Quilting with Rose 9:00-3:00—Pool Billiards</p> |
| <p style="text-align: center;">12</p> <p>10:00 Chair Yoga 10:00-12:00 Haircuts 11:45- Strength Training with Bobbi 1:00-Cardio Drumming 9:00-3:00—Pool Billiards</p> | <p style="text-align: center;">13</p> <p>10:00—Line Dancing 10:00—Board Meeting-ON HOLD 10:30-Events Planning-ON HOLD 11:45—Senior Café 12:30 Blood Pressure 1:00-3:00 Bingo 1:00 Pool Billiards</p> | <p style="text-align: center;">14</p> <p>9:30 Gentle Yoga 11:45- Strength Training with Bobbi 1:00—NEW! Ceramic Class with Bobbi—Coaster 9:00-3:00—Pool Billiards</p> | <p style="text-align: center;">15</p> <p>9:30 Mahjongg 9:30 - Pinochle, Chess, Bridge, Dominoes-Call to sign up 10:00 Hook & Needle 10:30 Reiki (by appt) 11:45—Senior Café 1:00—Movie Matinee—”The Last Word”</p> | <p style="text-align: center;">16</p> <p>10:00 Grocery Shopping w/ VTD 10:00— Chair Tai Chi 11:00--“NO-SEW” Quilting with Rose 9:00-3:00—Pool Billiards</p> |
| <p style="text-align: center;">19 CLOSED</p> | <p style="text-align: center;">20</p> <p>10:00—Line Dancing 11:45—Senior Café 1:00-3:00 Bingo 1:00 Pool Billiards</p> | <p style="text-align: center;">21</p> <p>9:30 Gentle Yoga 11:45- Strength Training with Bobbi 12:30—Crafting with Nancy—Call to sign up 9:00-3:00—Pool Billiards</p> | <p style="text-align: center;">22</p> <p>9:30 Mahjongg 9:30 - Pinochle, Chess, Bridge, Dominoes-Call to sign up 10:00 Hook & Needle 10:30 Reiki (by appt) 11:45—Senior Café</p> | <p style="text-align: center;">23</p> <p>10:00 Grocery Shopping w/ VTD 10:00— Chair Tai Chi 11:00--“NO-SEW” Quilting with Rose 9:00-3:00—Pool Billiards</p> |
| <p style="text-align: center;">26</p> <p>10:00 Chair Yoga-- 11:45- Strength Training with Bobbi 1:00-Cardio Drumming 9:00-3:00—Pool Billiards</p> | <p style="text-align: center;">27</p> <p>10:00—Line Dancing 11:45—Senior Café 1:00-3:00 Birthday Bingo sponsored by First Light Homecare 1:00 Pool Billiards</p> | <p style="text-align: center;">28</p> <p>9:30 Gentle Yoga 11:45- Strength Training with Bobbi 1:00—Korean Lantern craft and presentation of history 9:00-3:00—Pool Billiards</p> | <p style="text-align: center;">29</p> <p>9:30 Mahjongg 9:30 - Pinochle, Chess, Bridge, Dominoes-Call to sign up 10:00 Hook & Needle 10:30 Reiki (by appt) 11:45—Senior Café</p> | <p style="text-align: center;">30</p> <p>10:00 Grocery Shopping w/ VTD 10:00— Chair Tai Chi 11:00--“NO-SEW” Quilting with Rose 9:00-3:00—Pool Billiards</p> |

DERBY SENIOR CENTER

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Derby, CT 06418-1938



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PERMIT NO. 727

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Email:

DerbyCTSeniorCenter@gmail.com

Fax: (203) 736-1486

CURRENT TRIP SCHEDULES — — — CALL THE CENTER FOR SIGN UP OR INFO

Transportation for seniors is available 5 days a week from Valley Transit District call For more information or to schedule a pick up call 735-6408 Free transportation to & from the center on Tuesdays—call VTD 24 hour in advance for pick up

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|--|--------------------------------|------------------------|
| “Valentine’s Day with the King—Sturbridge MA | Price: \$119 | February 17, 2026 |
| “An Irish Celebration” with Dee Reilly-Holyoke, MA | Price: \$133 | March 10, 2026 |
| “Tropicana Atlantic City” 2 shows-\$50 slots/\$50 food | Price: \$345 Dbl, \$445 Single | March 30-April 1, 2025 |
| “Motown Meets Doo-Wop”, Holyoke, MA | Price: \$139 | April 21, 2026 |
| City Island Lobster House-Arthur Ave-Bronx, NY | Price: \$166 | April 22, 2026 |
| “Linda Ronstadt” Aqua Turf | Price: \$95 SELF-DRIVE | May 5, 2026 |
| “Bee Gees” Aqua Turf | Price: \$99 SELF-DRIVE | May 14, 2026 |
| “Joshua” Sight & Sound, Lancaster, PA | Price: \$625 Dbl, \$799 Single | June 9-11, 2026 |
| Under the Boardwalk- Grand Oak Villa | Price: \$99 SELF-DRIVE | June 25, 2026 |

“Spain’s Classics & Portugal” —Collette Prices start at \$5999 Double April 7 — 21, 2026

“National Parks of America”—Collette Prices start at \$5999 Double July 13 -- 24, 2026

“British Landscapes”—Collette Prices start at \$4999 Double October 11 — 20, 2026

Address: 293 Main Street Derby, CT **Phone:** (203) 736-1484 **Fax:** (203) 736-1486